

## **Atlantic Gastroenterology, LLC**

Dr. Dalena, Dr. Blumberg & Dr. Krueger

65 Ridgedale Avenue

Cedar Knolls NJ, 07927

973.401.0500

### **Preparation for Endoscopy (EGD)**

**No ASPRIN, IBUPROFIN, IRON, or VITAMIN E** should be taken for at least 7 days prior to endoscopy (also known as gastroscopy and EGD). Patients on **COUMADIN, PLAVIX, PERSANTINE** should discontinue it 3 to 5 days prior to the endoscopy, **WITH THE CONSENT** of their cardiologist/internist. **IF THERE ARE QUESTIONS, PLEASE CHECK WITH OUR OFFICE.** If you are unsure of other medications you may be taking, **CHECK WITH OUR OFFICE. TYLENOL AND/OR MULTIVITAMINS ARE ALLOWED.**

#### **GASTROSCOPY (EGD) PATIENTS:**

- Do Not Eat any solids for 8 hours prior to your exam.
- Clear liquids (water, apple juice, black tea or coffee, clear broth, white cranberry juice) may be taken up to 4 hours prior to exam. **Do not** take any milk products, tomato juice or any red or purple liquids.
- No medication should be taken the day of the procedure, unless otherwise instructed.

**NOTE: Since you will be unable to drive after the procedure, please have a driver accompany you.**